

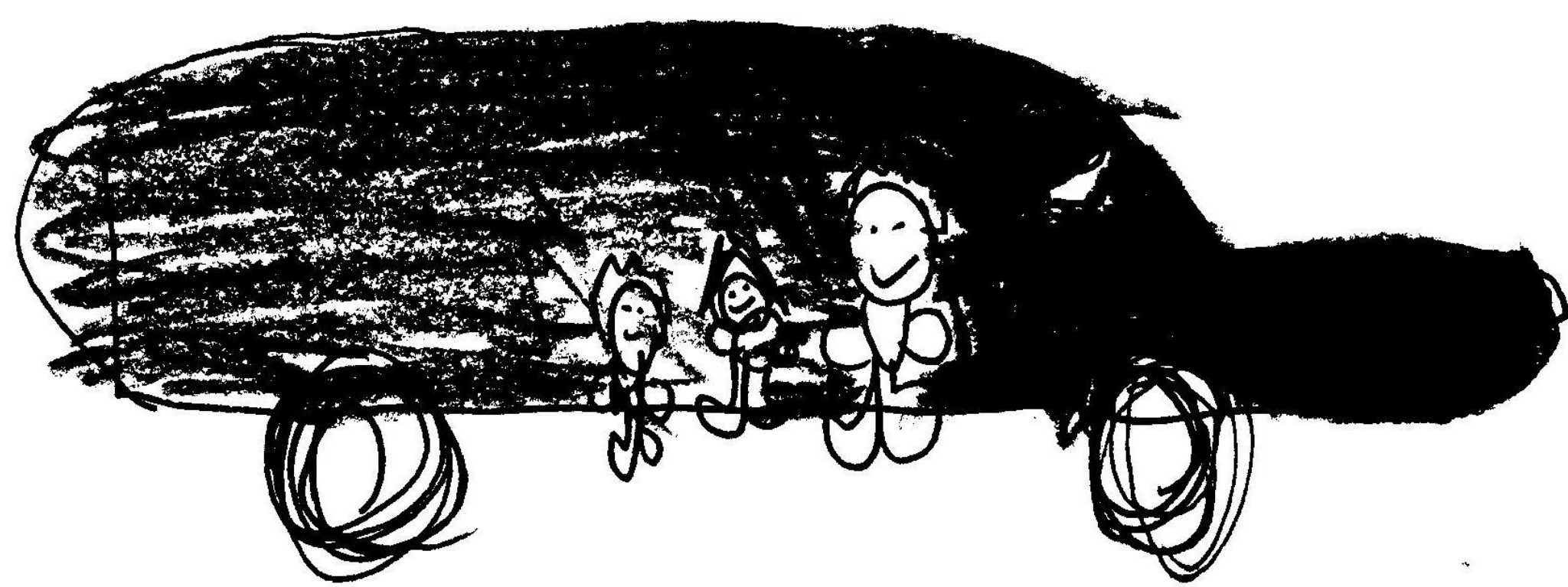
Am I grateful for my place in this world?



“You’re happy for what you have. You respect what people give you. You be nice to them. Maybe tell them how grateful you are for what they gave you. It’s about having what there is and not asking for more.”



i m grAt fo cL
for my sader
because He picks
me up



John F Kennedy firmly believed ‘We must find time to stop and thank the people who make a difference in our lives.’ The concept of being grateful came up in the context that we are grateful to our elders who have passed things on to us.

*My Papa teaches me how to ride my bike.
I am grateful that my Dad teaches me footy.
I am so lucky to have my family because they help me*



As the class teacher, I felt the idea of being ready to show appreciation and to return kindness was one worth pursuing if it was to underpin the fabric of our class relationships. Reading research from Emmons shows that “Children who practise grateful thinking have more positive attitudes toward school and their families.”