

# Summer Garden Salad

Bialik College Kitchen Garden Program



Bialik College

## Ingredients:

- salad ingredients from the garden
- dressing:
- 2 cups basil leaves
- ½ cup olive oil
- ¼ cup white wine vinegar
- 1 small garlic clove, chopped

## Equipment:

- chopping board
- knife
- food processor
- spatula

## Method:

1. Take a basket and go the garden and harvest enough ingredients to make a salad for your class.
2. Look for lettuce, tomatoes, cucumber, herbs, spring onions, edible flowers etc....
3. Come back to the kitchen and wash the vegetables and cut them up for your salad.
4. Make the basil salad dressing by placing all ingredients into a food processor and process till smooth.
5. Place salad in a bowl and pour dressing over and divide salad among four bowls and serve.