

Lemon & Parsley Salad Dressing

Bialik College Kitchen Garden Program



Ingredients:

- ½ tablespoon Dijon mustard
- ½ teaspoon lemon zest
- juice of ½ a lemon
- 1 tablespoon parsley, finely chopped
- 100ml olive oil
- ½ teaspoon salt
- pepper

Equipment:

- bowl
- whisk
- chopping board
- knife
- salad spinner

Method:

1. Place all dressing ingredients into a bowl and mix well.
2. Taste dressing, adjust if necessary.