

Italian Salad Dressing

Bialik College Kitchen Garden Program



Ingredients:

- ½ cup rice bran oil
- 1/8 cup white wine vinegar
- 1 tablespoon red wine vinegar
- ½ clove garlic, crushed
- 1 tablespoon shallot, finely chopped
- 1 tablespoon red capsicum, finely chopped
- 1 teaspoon Dijon mustard
- 1 teaspoon honey
- ½ teaspoon salt
- 1/8 teaspoon dried oregano
- 1/8 teaspoon dried marjoram
- pepper

Equipment:

- blender
- spatula
- chopping board
- knife
- garlic press
- metric measuring spoons/cups

Method:

1. Place all ingredients into a blender. Blend until well combined, pour over salad and serve.