

Greek Salad

Bialik College Kitchen Garden Program



Bialik College

Ingredients:

- 400g Cherry Tomatoes, halved
- ¼ Red Onion, thinly sliced
- 2 Cucumbers, diced
- 2 Red Capsicums, diced
- Handful of fresh Parsley leaves, chopped
- 1 tablespoon fresh Oregano leaves
- 150g Feta Cheese, cubed
- Handful of Kalamata Olives
- DRESSING:
- 1 tablespoon Red Wine Vinegar
- 3 tablespoons Extra Virgin Olive Oil
- Salt & Pepper

Equipment:

- Small bowl
- Whisk
- Chopping board
- Knife
- Metric measuring cups/spoons

Method:

1. Whisk together the salad dressing ingredients and set aside.
2. Combine all salad ingredients in a bowl.
3. Pour dressing over salad, gently mix through to ensure all ingredients are coated in dressing and serve.